



# HANOVER HAPPENINGS

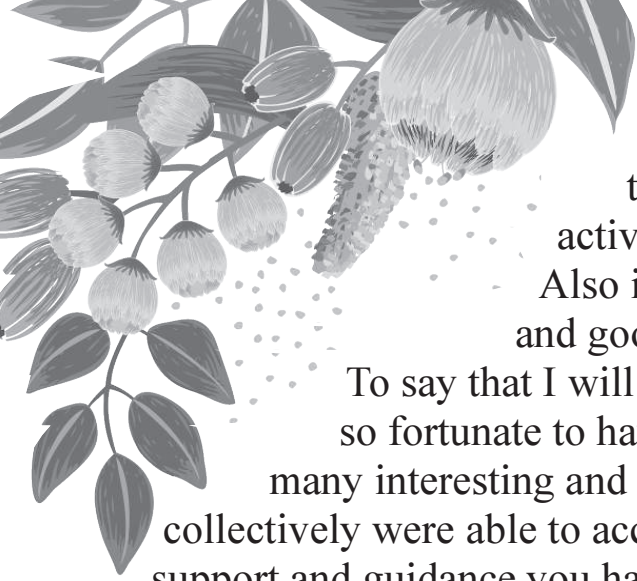
JUNE, JULY, AUGUST, 2017

## HANOVER COUNCIL ON AGING MISSION STATEMENT

*To provide services, educational programs and activities which enhance and promote the highest quality of life for each individual.  
The Mailing of this newsletter is supported in part by the Executive Office of Elder Affairs*

### MESSAGE FROM ROBYN

**Summer, 2017 is here!**



Included in your Summer newsletter are events taking place for June, July, and August with activity calendars for all three months.

Also included in this issue is my heartfelt thank you and goodbye.

To say that I will miss you all is an understatement. I have been so fortunate to have had the opportunity to work with and meet so many interesting and diverse individuals. I am proud of all that we collectively were able to accomplish in this last decade and appreciate the support and guidance you have shown me.

It is interesting to note that in one of the first newsletters I wrote, was about a “Forget Me Not” campaign that we started. We wanted to bring attention to voters to not forget Hanover Seniors and vote for a new senior center!

We chose the forget me not flower as our symbol and we adorned ourselves, tables and grounds with them and gave out seeds.

Remember?!

This little flower is a symbol of remembrance and connections that last through time and reminders of favorite memories of time together with another.


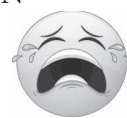
All of which I have experienced here

Please know this.....

I will continue to be honored and humbled by kindnesses shown to me by so many seniors in Hanover. I am so grateful for our connection and it is I who will never forget you.

*Robyn*



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		 <small>© Can Stock Photo - csp14791824</small>	<b>1</b> 10:00 BOWLING 10:00 EXERCISE W CHRIS 1:00 ZUMBA 1:00 BRIDGE 2:15 STRETCH & RELAX  <b>PM MALL SHOPPING</b>	<b>2</b>  <b>CENTER CLOSED FOR REPAIRS</b>
<b>5</b>  <b>CENTER CLOSED FOR REPAIRS</b>	<b>6</b> 9:30 MORNING OUT 1:00 TAI CHI 1:00 WATERCOLOR 2:15 STRETCH & RELAX  <b>PM SHOPPING ROCHE BROS/XMAS TREE</b>	<b>7</b> 9:30 YOGA 11:00 STRENGTH TRAINING 1:00 POKER	<b>8</b> 10:00 BOWLING 10:00 ASK A LAWYER 10:00 BOOK CLUB LIBRARY 10:00 ZUMBA 1:00 BRIDGE 2:15 STRETCH & RELAX  <b>PM MALL SHOPPING</b>	<b>9</b> 10:00 ARTHRITIS EXERCISE <b>1:00 MASS AUDUBON</b>  <b>PM SHOPPING-SHAW'S LEGION &amp; BARSTOW</b>
<b>12</b> 8:30 YOGA 9:30 CRIBBAGE 10:00 ARTHRITIS EXERCISE <b>12:30 HANOVER YMCA</b> 1:00 MAH JONG 1:00 TAI CHI  <b>PM SHOPPING SHAW'S- CUSHING &amp; OTHERS</b>	<b>13</b> 9:30 MORNING OUT 11:45 OLD COLONY LUNCH 1:00 TAI CHI 2:15 STRETCH & RELAX  <b>PM SHOPPING KOHL'S/STOP AND SHOP</b>	<b>14</b> 9:30 YOGA 11:00 STRENGTH TRAINING 1:00 POKER	<b>15</b> 10:00 BOWLING 10:00 ZUMBA 1:00 BRIDGE 2:15 STRETCH & RELAX  <b>PM MALL SHOPPING</b>	<b>16</b> 10:00 ARTHRITIS EXERCISE <b>1:00 ART FOR YOUR MIND</b>  <b>PM SHOPPING-SHAW'S LEGION &amp; BARSTOW</b>
<b>19</b> 8:30 YOGA 9:30 CRIBBAGE 10:00 ARTHRITIS EXERCISE <b>1:00 HEMINGWAY TEA</b> 1:00 MAH JONG  <b>PM SHOPPING SHAW'S- CUSHING &amp; OTHERS</b>	<b>20</b> 9:00 BLOOD GLUCOSE 9:30 MENS DISCUSSION 9:30 MORNING OUT 1:00 TAI CHI 1:00 WATERCOLOR 2:15 STRETCH & RELAX  <b>PM SHOPPING STAR?MARSHALLS MARSHFIELD</b>	<b>21</b> 9:30 YOGA 11:00 STRENGTH TRAINING 1:00 POKER	<b>22</b> 10:00 BOWLING 10:00 ZUMBA 1:00 BRIDGE 2:15 STRETCH & RELAX  <b>PM MALL SHOPPING</b>	<b>23</b> 10:00 ARTHRITIS EXERCISE <b>12:00 HANOVER DAYS LUNCH</b>  <b>PM SHOPPING-SHAW'S LEGION &amp; BARSTOW</b>
<b>26</b> 8:30 YOGA 9:30 BLOOD PRESSURE 9:30 CRIBBAGE 10:00 ARTHRITIS EXERCISE <b>11:15 ORIGAMI</b> 1:00 MAH JONG 1:00 TAI CHI <b>PM SHOPPING SHAW'S- CUSHING &amp; OTHERS</b>	<b>27</b> 9:30 MORNING OUT 1:00 TAI CHI 2:15 STRETCH & RELAX  <b>PM SHOPPING MARKET BASKET</b>	<b>28</b> 9:30 YOGA 1:00 STRENGTH TRAINING 1:00 POKER 1:00 BOOK CLUB AT SENIOR CENTER	<b>29</b> 10:00 BOWLING 10:00 ZUMBA 1:00 BRIDGE 2:15 STRETCH & RELAX  <b>PM MALL SHOPPING</b>	<b>30</b>  <b>10AM—12PM OPEN HOUSE SAY GOODBYE TO ROBYN</b> 

► Reach the Senior Market

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**Jack Donahue to place an ad today!**  
jdonahue@4LPi.com or (800) 477-4574 x6533

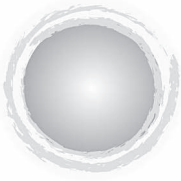








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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> 8:30 YOGA 9:30 CRIBBAGE 10:00 ARTHRITIS EXERCISE 1:00 MAH JONG 1:00 TAI CHI  <b>PM SHOPPING SHAWS-CUSHING &amp; OTHERS</b>	<b>4</b> <b>JULY 4TH HOLIDAY CENTER CLOSED</b> 	<b>5</b> 9:30 YOGA 11:00 STRENGTH TRAINING 1:00 POKER	<b>5</b> 10:00 BOWLING 10:00 ZUMBA 1:00 BRIDGE 2:15 STRETCH & RELAX  <b>PM MALL SHOPPING</b>	<b>7</b> 10:00 ARTHRITIS EXERCISE 1:00 MOVIE  <b>PM SHOPPING SHAWS LEGION &amp; BARSTOW</b>
<b>10</b> 8:30 YOGA 9:30 CRIBBAGE 10:00 ARTHRITIS EXERCISE 1:00 MAH JONG 1:00 TAI CHI  <b>PM SHOPPING SHAWS-CUSHING &amp; OTHERS</b>	<b>11</b> 9:30 MORNING OUT 1:00 TAI CHI 2:15 STRETCH & RELAX  <b>PM SHOPPING KOHLS/STOP &amp; SHOP</b>	<b>12</b> 9:30 YOGA 11:00 STRENGTH TRAINING 1:00 POKER	<b>13</b> 10:00 BOWLING 10:00 ASK A LAWYER 10:00 ZUMBA 1:00 BRIDGE 2:15 STRETCH & RELAX  <b>PM MALL SHOPPING</b>	<b>14</b> 10:00 ARTHRITIS EXERCISE <b>1:00 ART FOR YOUR MIND</b>  <b>PM SHOPPING- SHAWS LEGION &amp; BARSTOW</b>
<b>17</b> 8:30 YOGA 9:30 CRIBBAGE 10:00 ARTHRITIS EXERCISE 1:00 MAH JONG 1:00 TAI CHI  <b>PM SHOPPING SHAWS-CUSHING &amp; OTHERS</b>	<b>18</b> 9:00 BLOOD GLUCOSE 9:30 MORNING OUT 1:00 TAI CHI 1:00 WATERCOLOR 2:15 STRETCH & RELAX  <b>PM SHOPPING STAR/MARSHALLS MARSHFIELD</b>	<b>19</b> 9:30 YOGA 11:00 STRENGTH TRAINING 1:00 POKER	<b>20</b> 10:00 BOWLING 10:00 ZUMBA <b>12:00 HANOVER GARDEN CLUB</b> 1:00 BRIDGE 2:15 STRETCH & RELAX  <b>PM MALL SHOPPING</b>	<b>21</b> 10:00 ARTHRITIS EXERCISE 1:00 MOVIE  <b>PM SHOPPING-SHAWS LEGION &amp; BARSTOW</b>
<b>24</b> 8:30 YOGA 9:30 CRIBBAGE 10:00 ARTHRITIS EXERCISE 1:00 MAH JONG 1:00 TAI CHI  <b>PM SHOPPING SHAWS-CUSHING &amp; OTHERS</b>	<b>25</b> 9:30 MORNING OUT 1:00 TAI CHI 2:15 STRETCH & RELAX  <b>PM SHOPPING MARKET BASKET</b>	<b>26</b> 9:30 YOGA 11:00 STRENGTH TRAINING 1:00 POKER	<b>27</b> 10:00 BOWLING 10:00 ZUMBA 1:00 BRIDGE 2:15 STRETCH & RELAX  <b>PM MALL SHOPPING</b>	<b>28</b> 10:00 ARTHRITIS EXERCISE  <b>PM SHOPPING-SHAWS LEGION &amp; BARSTOW</b>
<b>31</b> 8:30 YOGA 9:30 CRIBBAGE 9:30 BLOOD PRESSURE 10:00 ARTHRITIS EXERCISE 1:00 MAH JONG <b>PM SHOPPING SHAWS-CUSHING &amp; OTHERS</b> <b>PM SHOPPING SHAWS-CUSHING &amp; OTHERS</b>	<div>  <div> <b><u>FRIENDS UPCOMING TRIPS</u></b>             7/20/17 .....JIMMY BUFFET            8/8/17 .....NEWPORT PLAYHOUSE            9/7/17 .....LOBSTER BAKE, GLOUSTER BOAT             Flyers may be available at the senior center.            Please call Donna Lawrence at 508-243-2293         </div> </div>			



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>August</b></p> 	<p>1</p> <p>9:30 MORNING OUT 1:00 TAI CHI 1:00 WATERCOLOR 2:15 STRETCH &amp; RELAX</p> <p><b>PM SHOPPING CHRISTMAS TREE/ ROCHE BROTHERS</b></p>	<p>2</p> <p>9:30 YOGA 11:00 STRENGTH TRAINING 1:00 POKER</p> 	<p>3</p> <p>10:00 BOWLING 10:00 ZUMBA 1:00 BRIDGE 2:15 STRETCH &amp; RELAX</p> <p><b>PM MALL SHOPPING</b></p>	<p>4</p> <p>10:00 ARTHRITIS EXERCISE 1:00 MOVIE</p> <p><b>PM SHOPPING-SHAW'S LEGION &amp; BARSTOW</b></p> 
<p>7</p> <p>8:30 YOGA 9:30 CRIBBAGE 10:00 ARTHRITIS EXERCISE 1:00 MAH JONG 1:00 TAI CHI</p> <p><b>PM SHOPPING SHAW'S- CUSHING &amp; OTHERS</b></p>	<p>8</p> <p>9:30 MORNING OUT 1:00 TAI CHI 2:15 STRETCH &amp; RELAX</p> <p><b>PM SHOPPING KOHLS/STOP &amp; SHOP</b></p>	<p>9</p> <p>9:30 YOGA 11:00 STRENGTH TRAINING 1:00 POKER</p> 	<p>10</p> <p>10:00 BOWLING 10:00 ASK A LAWYER 10:00 ZUMBA 1:00 BRIDGE 2:15 STRETCH &amp; RELAX</p> <p><b>PM MALL SHOPPING</b></p> 	<p>11</p> <p>10:00 ARTHRITIS EXERCISE 1:00 ART FOR YOUR MIND</p> <p><b>PM SHOPPING-SHAW'S LEGION &amp; BARSTOW</b></p>
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## JUNE EVENTS

### **HAWKS**

**PRESENTED BY MASS AUDUBON**

**Friday, June 9 at 1:00PM**

Observe native birds of prey and learn how specialized adaptations help them see, hear, fly, and catch food.

Investigate the role that birds of prey play within their ecosystems.

**Reservations are necessary.**

**HANOVER SENIOR CENTER and SSYMCA  
PARTNERSHIP AT THE LAURA ART CENTER  
EMILSON ARTS & EDUCATION  
DEPARTMENT**

**Monday, June 12, 2017, 12:30pm– 2:30 pm**

Laura's Center for the Arts

97 Mill Street, Hanover, MA

12:30 p.m. Lunch and Welcome, overview.

1:15 p.m. Art Project

Overview: Guests remain at their tables after lunch which will be used for the bookmark project.

Simple art project planned.

**SPACE IS LIMITED, SIGN UP IS NECESSARY**

### **ART FOR YOUR MIND**

**Friday, June 16, at 1:00, \$2.00 donation**

**The Fascinating Georgia O'Keeffe**

This is a collection of images spanning her long and ever-evolving career. From the early years as a young artist responding to New York City's industry and growing art culture, to her later years expressing New Mexico's unique natural beauty - experience the journey of one of America's most innovative artists.

### **JUNE TEA**

**Monday, June 19 at 1:00, FEE \$5.00**

**ERNEST HEMINWAY**

**Life, Language and the Pursuit of Happiness-**

Relive with Ernest those days from WWI through the inauguration of JFK. The tragedies and triumphs, the joys and sorrows; The sacred and the profane, the loves and losses. The life force of the master craftsman considered by his peers as "the greatest writer since Shakespeare"

Richard Clark has spent over 30 yrs in New England regional theater and New York Theater. He is a graduate of Clark University and has studied at the American Academy of Dramatic Art, The Actors Connection and the Actor's Loft in New York. His "Keeping History Alive" series brings the life and work of such figures as Mark Twain, Clarence Darrow, Andrew Carnegie, John Barrymore and William Shakespeare to life. Reserve and pay by June 14.

### **ORIGAMI**

**Monday, June 26 at 11:15am**

Join Norma Morgan as she teaches us how to do Origami !A light lunch will follow.

Reservations are necessary.

**Origami** from *ori* meaning "folding", and *kami* meaning "paper is the art of paper folding, which is often associated with Japanese culture.

Traditionally, it was believed It has also become a **symbol** of hope and healing during challenging times and in the Japanese, Chinese and Korean culture, the crane represents good fortune and longevity.

### **HANOVER DAY'S LUNCHEON**

**Friday, June 23 at noon, \$3 donation for entertainment**

**Open to Hanover residents only.**

Once again, Queen Anne's Nursing home in Hingham is treating us to lunch. A great way to kick off Hanover Days!

Entertainment by James Michael! And your favorite Pastrami sandwiches from Sam Lagrassa of Boston!

Don't miss this one. Limited seating.

### **BOOK CLUB at Senior Center**

**Wednesday, June 28 at 1:00**

This month's book: *Hateship, Friendship, Courtship, Loveship, Marriage*, a short story collection by renowned Canadian author Alice Munro. A collection of nine short stories is a particularly good illustration of the fictional world Munro creates so skillfully.

### **FAREWELL TO ROBYN**

#### **OPEN HOUSE**

Join us on Friday, June 30 from 10AM to 12PM as we send Robyn off on a well deserved retirement. She has been a wonderful leader for over 10 years and we know that all of you would like to wish her well in the next chapter of her life.

### **ACTIVITIES ON SUMMER VACATION**

Exercise with Chris is off June, July and August, - EXCEPT June 3 Men's Discussion is off in July and August. Both Book Clubs are off in July and August. Bereavement is off June, July & August. Zumba will be held on Thursday at 10AM instead of 1PM during the months of June, July and August, except June 3



**JULY****ART FOR YOUR MIND****Friday, July 14 at 1:00PM, \$2.00 Donation****The Allure of Watercolor**

showcases a variety of watercolor images from accomplished American artists of earlier times—to those of the 19th and 20th centuries. Discover how different approaches and techniques in this challenging medium have achieved powerful results.

**MOVIES****HIDDEN FIGURES****Friday, July 7 at 1:00**

The story of a team of African-American women mathematicians who served a vital role in NASA during the early years of the US space program.

**Friday, July 21 at 1:00****LA LA LAND**

The Academy Award winning story of a jazz musician (Ryan Gosling) and an aspiring actress (Emma Stone) who find love in Hollywood.

**AUGUST****ART FOR YOUR MIND****Friday, August 11 at 1:00, \$2.00 Donation****America's Unique Regions**

is a collection of images describing America's diverse landforms, lifestyles, cultural influences, and historic events, offering us a way to learn about artists' varied styles—as well as their ways of telling stories.

**MOVIES****LOVING****Friday, August 4 at 1:00**

A 2016 American historical drama film which tells the story of Richard and Mildred Loving, the plaintiffs in the 1967 U.S. Supreme Court decision *Loving v. Virginia*, which invalidated state laws prohibiting interracial marriage

**LION****Friday August 18 at 1:00**

Five year old Saroo gets lost on a train which takes him thousands of miles across India, away from home and family. Saroo must learn to survive alone in Kolkata, before ultimately being adopted by an Australian couple. Twenty-five years later, armed with only a handful of memories, his unwavering determination, and a revolutionary technology known as Google Earth, he sets out to find his lost family and finally return to his first home

**NEW AND RENEWED FRIENDS**

Jean & Jim Carroll, Jean-Claude & Pauline L'Italien, Marion Faiella, David Duff, Mike & Carol Molongoski, Maureen Goodwin, Bruce & Janice Nordstrom, Carlton & Evelyn Tweed, Betty & John Joy, Dorothy & William McDonough, Judith & Francis Lynch, Jeanne Rennie, Alfred & Joan Wood, Don Triner, Dan & Anne Hession, Jerry Finnerty, Barbara Wilson, Robert Schiffer, Don & Mary Dellorco, Maryann Bogan, Russ & Mary Smith, Marian Sears, Joe & Judi Barca, Joan Doughty, Regina Campbell, Mary & Robert Hamill, Linn Bencks,

**ADDITIONAL DONATIONS**

Jean-Claude & Pauline L'Italien, David Duff, Betty & John Joy, Dorothy & William McDonough, Judith & Francis Lynch, Alfred & Joan Wood, Don Triner, Jerry Finnerty, Barbara Wilson, Robert Schiffer, Marian Sears, Joe & Judi Barca, Pat L'Italien, Linn Bencks, Beth & Dick Laurie, Martha North

**IN MEMORY OF**

Betty & John Joy in memory of Danny Joy  
Judith & Francis Lynch in memory of Ellen Merritt  
Jerry Finnerty in memory of Ann Marie Finnerty  
Barbara Wilson in memory of John Wilson  
Robert Schiffer in memory of Janet Schiffer  
Don & Mary Dellorco in memory of Al Mickunas  
Marian Sears in memory of Jack Sears  
Beth & Dick Laurie in memory of Thelma Litchfield,  
Barstow Village in memory of: Catherine Connolly

**IN HONOR OF**

Dorothy & William McDonough in honor of  
Katie O'Brien Martha North in honor of Nancy Lester

**THANK YOU FOR PRODUCT DONATIONS**

John Buzad, Maureen McMann, Barbara Wilson, Irene Whitman, Alice Hutchinson, Ann Chizauskis, Valerie Spring

**FRIENDS UPCOMING TRIPS**

7/20/17 .....JIMMY BUFFET

8/8/17 .....NEWPORT PLAYHOUSE

9/7/17 .....LOBSTER BAKE, GLOUSTER BOAT

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*Elderly Services Director*

Nancy Lester  
*Administrative Assistant/  
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Katie O'Brien  
*Transportation/Volunteer  
Coordinator  
Mobile Outreach*

Teresa Slight  
*Volunteer Coordinator/Client  
Services Assistant/Van  
Driver*

George, *Van Driver*  
Jenna, *Van Driver*

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*Treasurer*

Eleanor Kimball  
Roger Leslie

**Hanover Council on Aging**  
**665 Center Street**  
**Hanover, MA 02339**

PRE-SORT STD  
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## **FRIENDS OF THE HANOVER COUNCIL ON AGING**

**Please make checks payable to Friends of Hanover COA and mail to:**  
Hanover Council on Aging, 665 Center St., Hanover, MA 02339.

I would like to become a Friend of the Council on Aging.

Enclosed are my dues of \$5 per person for 2017

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Additional Contribution: \_\_\_\_\_

I would like to make a donation to the Friends of the Council on Aging:

In Memory of: \_\_\_\_\_

In Honor of: \_\_\_\_\_

Send acknowledgement of: \_\_\_\_\_

**Friends**

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